

FOR THE BODY

Begin with a good body wash. The essential oils in a quality body wash can help cleanse and hydrate your skin.

IGINS
ex Burst
body wash
over pour
oz. liq./oz. oz.



FOR THE SKIN

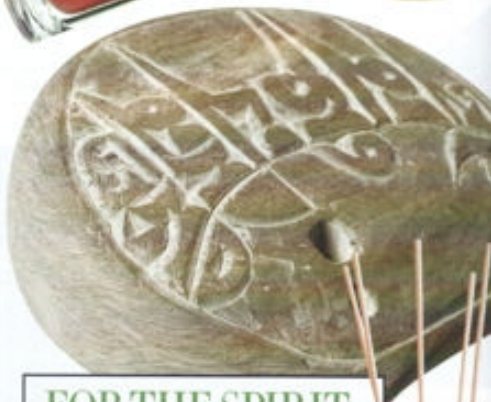
Modern science has revealed the incredible benefits of traditional Chinese therapy.

ama.la
purify
blue lotus



Asian Treatments for the Inside, Out

Traditional Asian treatments get a modern update in the form of super creams, wonder treatments and serious soul-restoring.



FOR THE FACE

Prep the skin with a good cleanser. The essential oils in a quality cleanser can help cleanse and hydrate your skin.

Elizabeth Arden
Cream
with
Vitamin E



FOR THE SPIRIT

These hip and holistic traditional Asian-inspired treatments will indulge and bring you back to Zen.

TRY The Tibetan Hot Stone spa treatment at Basic Essence-Holistic Spa (Tel: 6468 4991) uses Himalayan stones hand-picked by Tibetan monks. Carved with peace mantras, these heated rocks are placed on the body's vital chakra points to dispel blockages and promote circulation.

YAB
Massage Oil

